

# Relationship and Sex Education



"I have come that you should have life and live it to the full."

(Jn 10:10)

## ***Together we love, learn, follow Jesus***

At St. Joseph's Catholic Primary School we recognize that we have a moral and statutory responsibility to help prepare our children for the physical changes they will experience and help them to know that they are made in God's image and therefore should respect themselves and others.

We use a variety of resources to support teaching the learning objectives that are shared in this document. Our approach to teaching them includes not just seeing Relationship and Sex Education lessons as a separate stand alone lesson, but themes that intertwine in a variety of other subjects such as RE, PSHE and science. For this reason the learning objectives are often taught and revisited over the course of the school year. Questions are answered as they occur; at an age appropriate level and following the guidance given to the staff, which should not contradict the teachings of the Church. All family structures are celebrated and no judgment would ever be made to suggest that one family make up is superior to another.



**“Come and See”** is the scheme that all our RE lessons come from.



**“A Journey in Love,”** is the scheme of work recommended to us by Liverpool Archdiocese. This contains the lessons plans and interactive whiteboard resources used to deliver some of the specific Relationship and Sex Education learning objectives.



Every year, each class has a series of five lessons which include ways of keeping themselves safe, the topics include helping safeguarding the children from sexual abuse. Our trained teacher runs the sessions with either the class teacher or an experienced teaching assistant supporting.



Every few years we have the experts from the NSPCC come and deliver whole school assemblies and workshops supporting the message we teach in the Kidsafe sessions.



Each summer, each class spends a day looking at the NSPCC rule about PANTS.

**P**rivates are private

**A**lways remember, your body belongs to you.

**N**o means no.

**T**alk about secrets that upset you.

**S**peak up, someone can help.

## **Learning Objectives**

Due to our split classes from Year One to Year Six, Classes Two to Four look at each set of learning objectives twice over two years. If you have any questions regarding the content or delivery of these objectives please see Mrs Ward.



### **Reception**

- ✓ Know that God made them to be unique and special.
- ✓ Know how they have grown and changed from being a baby.
- ✓ Know that friendship is something we need to work at as it requires: sharing, patience, caring, forgiving, listening.

### **Year One and Two**

- ✓ Know that babies are a gift from God.
- ✓ Know that babies grow and change.
- ✓ Know that families are there to love them and help them grow.
- ✓ Know that Baptism is a celebration when people are welcomed into God's family.
- ✓ Know that they belong to different groups and that different groups make up a community.
- ✓ Know that we need to give back and celebrate being in different groups and in a community.



### **Year Three and Four**

- ✓ Know that relationships are built on respect, trust and forgiveness – good friends will not ask us to do things that make us unhappy and will stand by us.
- ✓ Know that people grow and develop at different rates.
- ✓ Name the male and female body parts.
- ✓ Know the stages of growth for a baby in the womb.

### **Year Five and Six**

- ✓ Know the physical changes that puberty brings in boys and girls.
  - ✓ Know the emotional changes that come with puberty.
  - ✓ Know that sex is a joyful expression of love between a couple who are committed to each other, such as a man and wife.
  - ✓ Know that a baby might be conceived through sexual intercourse.
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### **Sharing Resources With Parents**

In the summer term before the unit of work begins, there will be an information evening for parents in Year 5 and Year 6 to see the material in “Journey in Love,” that will be used to support the puberty and sex education sessions. If you wish to see the material that supports a different year group please see the class teacher who will make this available to you. The “Journey in Love,” material will run alongside the

summer RE topic which complements the Relationship and Sex Education objectives.

**RE Topics:**

	2018	2019
Class 1	Friends	Friends
Class 2	Neighbours	Treasures
Class 3	Choices	New Life
Class 4	Common Good	Stewardship



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## ***Relationship and Sex Education Statement***

'A Journey in Love' is our chosen resource for teaching Relationships and Sex Education (R.S.E.). The scheme has at its foundation the belief that we are made in the image and likeness of God. This is reflected in each stage of a person's growth in the Primary Years through a series of suggested, progressive and developmental tasks, activities and reflections which focus on physical, social, emotional, intellectual and spiritual development.

The programme of study is authentic to the teaching of the Catholic Church. Below is a brief outline of the content of the programme as agreed by our governors:

Class 1 (Reception)

**God loves each of us in our uniqueness**

Class 2 (Year One and Year Two) -

**We meet God's love in our family**

**We meet God's love in the community**

Class 3 (Year Three and Four)

**How we live in love**

**God loves us in our differences** (name male and female body parts)

(identify developments of a baby in the womb)

Class 4 (Year Five and Six)

**God loves me in my changing and development** (puberty)

**The wonder of God's love in creating new life** (how a baby is conceived)

As part of our commitment to you, we will hold a meeting annually for parents and carers of children in Class Four to discuss the programme. You have the right to withdraw your child from this aspect of the curriculum, but not from the Science aspects which are statutory.

If you require any further clarification regarding this aspect of the curriculum please contact Mrs Michelle Ward, headteacher.



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## **RELATIONSHIP AND SEX EDUCATION POLICY**

*At St Joseph's Catholic Primary School,  
through an open and generous heart,  
we learn together as a family in faith,  
following the gospel value of love.*

### **Rationale**

***'I have come that you might have life and have it to the full'***  
*(Jn.10.10)*

We acknowledge that Personal, Social and Health Education (PSHE) and Citizenship, as well as Relationship and Sex Education (RSE), are all underpinned by a theology of relationship and are all encompassed in the title 'Relationships and Sex Education' (RSE).

Our belief in the unique dignity of the human person as made in the image and likeness of God underpins the approach to all education in our school. Our approach to relationship and sex education therefore is rooted in the Catholic Church's teaching of the human person and is presented positively and prudently.



Stemming from this vision of what it means to be human, we seek to educate the whole child: spiritually, intellectually, morally, emotionally, psychologically, and physically towards our understanding of Christian maturity.

Following guidance from our own Bishop and Diocese, the Conference of Bishops of England and Wales and as advocated by the DFE, all relationship and sex education in our school will be firmly embedded in the Religious Education framework as it is concerned primarily with nurturing the human wholeness of our pupils.

All relationship and sex education will be in accordance with the Church's moral teaching. It will emphasise the central importance of marriage and the family whilst acknowledging that all pupils have a fundamental right to have their life respected whatever household they come from and support will be provided to help pupils deal with different sets of values.

### **Aims of Relationship and Sex Education (RSE)**

- To encourage pupils' growth in self respect, acknowledging we are all created in the image and likeness of God
- To help pupils develop an understanding that love is the central basis of relationships
- To help pupils to understand the nature of relationships and to encourage them to reflect on their own relationships and respect differences between people.
- To develop pupils' confidence in talking, listening and thinking about feelings and relationships.
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- To help pupils acquire the skills necessary to develop and sustain relationships
- To offer sex education in the wider context of relationships.
- To ensure that pupils protect themselves and ask for help and support when needed.
- To ensure that pupils are prepared for puberty.
- To help pupils to develop a healthier, safer lifestyle.
- To prepare pupils to play an active role as citizens and to understand the Catholic vision of what it means to be citizens of the Kingdom/reign of God.

### **Delivery of RSE**

RSE is taught through our life style in school and through the subjects of Religious Education, Science and by way of a cross-curricular, integrated approach.

All elements of PSHE and Citizenship, whilst non-statutory at Key Stage 1 and 2, are covered. Significant aspects of sex and relationship education remain part of the National Curriculum for Science. These will be taught to all pupils. *(Parents are unable to withdraw pupils from such lessons.)*

#### ***Key Stage 1 (5-7)***

- *That humans move, feed, grow, use their senses and reproduce;*
- *To name the main external parts of the body;*
- *That humans grow from babies into children and then into adults, and that adults can produce babies;*
- *To recognise similarities and differences between themselves and other pupils*

#### ***Key Stage 2 (7 – 11)***

- *That the life processes common to humans and all animals include nutrition, growth and reproduction*
- *The main stages of the human life cycle.*

We acknowledge that every area of school life can potentially contribute to RSE as the school, of its very nature operates through positive human relationships. We recognise value and greatly appreciate the contribution made by all members of staff in deepening the quality of our Christian community.

Teachers will use their professional judgement when addressing issues in RSE. Careful consideration will be given to the wide and varied experience and backgrounds of the pupils in their care.

While we operate a whole school approach to Relationship and Sex education through our RSE Programme, pupils in Class Four will learn about the emotional and the physical changes of puberty. For this particular part of the curriculum, children will be taught together.

### **Resources**

We acknowledge that parents and carers are the key persons for children learning about relationships and sex; the foremost educators. Our role and our programme simply complement their role in nurturing their children's human wholeness. However, the role of parents and our day to day interactions in school are currently supported by using "Journey in Love," which is a scheme recommended by Liverpool Archdiocese.

### **Assessment Recording and Reporting**

A record is kept in teacher's planning of the delivery of RSE. The programme is assessed, monitored and evaluated by the co-ordinator in accordance with the school's monitoring and evaluation policy. Pupils are given the opportunity for self evaluation at an appropriate level for each year group. Reporting is made in individual pupil's reports under 'General Development'.

### **Outside Agencies**

The expertise of outside agencies will be used appropriately *to support* but not at the expense of the school's delivery.

### **Curriculum Continuity**

The school has an ongoing dialogue with the PSHE Co-ordinator of Brownedge High School. The policies of Relationship and Sex , RE, Spiritual Development, Moral Development and PSHE all complement each other.

### **Safeguarding Procedures**

The school has procedures to deal with any sensitive issues or children thought to be vulnerable. Staff will pass on any concerns of this nature to the designated child protection officer in school.

### **The Governing Body**

The Governing body and Foundation Governors in particular recognise their responsibility to ensure the RSE programme follows Diocesan principles and reflects the Church's teaching

### **The Role of Parents**

The Church has always recognised that it is the privilege and the responsibility of parents to educate and inform their children in all matters pertaining to personal growth and development particularly in the sensitive area of their moral education and sexual development. The Church also recognises that many parents require help and support in this task from both schools and parishes.

The Governing body fully subscribes to the views expressed by the Bishops' Conference and will always ensure that:

- ✓ Parents are supported in their task.
- ✓ Parents are consulted and kept informed of the EPR Programme; its contents, evaluation and review and any subsequent developments.

### **Right of Withdrawal**

It is our hope that parents would wish their children to be involved in the schools positive and prudent programme of relationship and sex education, following annual consultation regarding the school's approach. However, we recognise parents have the right to withdraw their children from such lessons (not included in National Curriculum Science) after discussion with the headteacher.

### **Monitoring and Review**

This policy will be monitored annually by the RSE Co-ordinator and will be reviewed annually by the Governing Body. Parents will be consulted before any proposed changes.